

ATP III Guidelines

Implementation

Percent of Adults Who Need Lifestyle and Drug Treatment

	Therapeutic Lifestyle Changes (TLC)	Drug
CHD and CHD Risk Equivalents 10-year risk >20%	12.1	10.5
2+ Risk Factors 10-year risk 10-20%	5.5	4.2
2+ Risk Factors 10-year risk <10%	7.4	1.4
0-1 Risk Factor	7.9	2.4
Total	33%	18.4%

Number of Adults (Millions) Who Need Lifestyle and Drug Treatment

	Therapeutic Lifestyle Changes (TLC)	Drug
CHD and CHD Risk Equivalents 10-year risk >20%	24.1	20.7
2+ Risk Factors 10-year risk 10–20%	10.9	8.3
2+ Risk Factors 10-year risk <10%	14.6	2.8
0–1 Risk Factor	15.6	4.7
Total	65.3M	36.5M

NCEP Resources to Foster ATP III Implementation

Professional

- Executive Summary
- ATP III At-A-Glance: Quick Desk Reference
- Web-based and electronic tools:
 - Palm OS interactive tool—for use at point of care
 - 10-year risk calculator
 - PowerPoint slide set—for teaching

NCEP Resources to Foster ATP III Implementation (continued)

Patient

- “Live Healthier, Live Longer” Web site
- “High Blood Cholesterol: What You Need to Know”—patient brochure
- 10-year risk calculator